# Self Direction For Bigger and Better Lives

Tuesday March 22 – Robina, Gold Coast

Community Resource Unit Inc. (CRU)

## Workshop Overview

* Presented by Jane Sherwin
* As we move to the NDIS, the relationships between people with disabilities and their families, and the services that have supported them will need to be re-thought by all parties. In this new environment many people are searching for more productive and sustainable ways of working that enable people with disability to have control over their lives, as well as the support they require.
* In this workshop Jane will explore a variety of concepts that should be considered as services work with people to negotiate the amount of control they need and want in order to live a typical life in their communities.

### Topics covered will include:

* Working towards rich and meaningful lives
* Authority & control on a continuum
* Positive relationships between services and people with disability
* Negotiations – expanding on what people might have a say over
* Building capacity
* Embedding these ideas in organisations for structural change
* This interactive day will offer practical strategies for people with disability and their families on where to start, how to stay connected and how we might design and create support that suits the person, enables them to live a good life and is sustainable over time.

## Who should attend?

* This workshop is for people who are interested in exploring how self-direction can be supported so that it works well for all parties.
* This will include people with disabilities, family members, and particularly coordinators and managers of organisations.

## Event and Venue Information

### Event details

* Tuesday March 22
* Event runs from 9.30am to 4.30pm.
* Registrations from 9am
* Morning tea, lunch and afternoon tea will be provided.

### Venue details

## The Glades Golf Club, Glades Drive, Robina, Gold Coast

## How to Register

* Tickets can be booked via our Eventbrite page
* Ticket sales close Monday March 14, 2016
* If you experience any issues registering for this event, please call CRU on 07 3844 2211.

## About the Presenter

* Jane Sherwin is a Qld based consultant who has been involved in the lives of people with disabilities, families and older people since the late 1970s.
* Jane has both personal and professional experience with self direction, and is committed to working at a grassroots level towards a system of responsive services, and towards arrangements whereby vulnerable people experience greater levels of control over their own support arrangements.

## About Community Resource Unit Inc.

* CRU has a 25 year track record of working across Queensland to help people with a disability take control of their lives and take their place in their community.

## Contact Community Resource Unit Inc.

* Phone: 07 3844 2211
* Email: [cru@cru.org.au](mailto:cru@cru.org.au)
* Website: <http://cru.org.au>
* Address: Level 2, 43 Peel Street. South Brisbane. Queensland.

## Need some assistance with fees?

* CRU has some capacity to reduce registration fees and assist with other costs, particularly for people with disability and family members not sponsored by an organisation. Contact CRU for more information.