

# Self-Direction For Bigger and Better Lives

*Presented by Jane Sherwin*

**Tuesday 22 March 2016**

**Gold Coast**



[www.cru.org.au](http://www.cru.org.au)

## About the Workshop:

As we move to the NDIS, the relationships between people with disabilities and their families, and the services that have supported them will need to be re-thought by all parties. In this new environment many people are searching for more productive and sustainable ways of working that enable people with disability to have control over their lives, as well as the support they require.

In this workshop Jane will explore a variety of concepts that should be considered as services work with people to negotiate the amount of control they need and want in order to live a typical life in their communities.

## About the presenter:



### Topics covered will include:

- Working towards rich and meaningful lives
- Authority & control on a continuum
- Positive relationships between services and people with disability
- Negotiations – expanding on what people might have a say over
- Building capacity
- Embedding these ideas in organisations for structural change

**Jane Sherwin** is a Qld based consultant who has been involved in the lives of people with disabilities, families and older people since the late 1970s. Jane has both personal and professional experience with self direction, and is committed to working at a grassroots level towards a system of responsive services, and towards arrangements whereby vulnerable people experience greater levels of control over their own support arrangements.

## Who should attend?

This workshop is for people who are interested in exploring how self-direction can be supported so that it works well for all parties.

This will include people with disabilities, family members, and particularly coordinators and managers of organisations.

**Date:** Tuesday 22 March 2016

**Time:** 9.30am-4.30pm

Registration from 9.00am

**Venue:** The Glades Golf Club  
Glades Drive  
Robina, Gold Coast

**Cost:** \$150 Full Fee

**\$65** People with a disability and family members

**RSVP:** 14 March 2016

**Register via CRU website:**

[www.cru.org.au](http://www.cru.org.au)

To view CRU's cancellation policy please visit this link -  
<http://cru.org.au/about/policies/#cancellation>



Expanding Ideas; Creating Change

Level 2, 43 Peel Street  
P.O. Box 3722  
South Brisbane QLD 4101  
Phone(07) 3844 2211  
Email [cru@cru.org.au](mailto:cru@cru.org.au)  
Web [www.cru.org.au](http://www.cru.org.au)  
ABN:16 143 460 250

## Need some assistance with fees?

CRU has some capacity to reduce registration fees and assist with other costs, particularly for people with disability & family members not sponsored by an organisation. Contact CRU for more information.