

a split second

.....is all it takes for your life to change forever. Not just yours but those closest to you.

Paraplegic Benefit Fund's mission is twofold.

To reduce the number of traumatic spinal cord injuries through education and awareness.

And to reduce the financial impacts through a unique membership program that provides eligibility for members to claim a \$250,000 benefit payment if they ever sustain a permanent traumatic spinal cord injury*.

*Please refer to our PDS for full terms and conditions – www.pbf.asn.au



Easing the impact

tony south's profile

ACHIEVEMENTS:

- Survivor - paraplegic age 9, result of a gunshot.
- Leaving Certificate - honors Economics.
- Commonwealth scholarship.
- Business management diploma.
- World paraplegic archery champion - 1968-1972. (2 World Records).
- 4 Olympic & Commonwealth Games.
- 1st Person in wheelchair in NSW to attend normal High School.
- 1st Person in wheelchair in NSW to adopt children.
- 7 IBM Excellence in Management Awards.
- 1986 Disabled Achiever of the Year, Queensland.
- 1992 Order of Australia Award (OAM) - service to community.
- 2007/8 President Rotary Club of Mt Gravatt.
- 2008 Australia Medal (AM) - services to injury prevention.

CAREER:

- 28 years IBM.
- 17 years Administration Manager IBM.
- Past President Paraplegic & Quadriplegic Assoc Qld. (18 years a Board Member).
- Past President, Volunteering Queensland.
- Community Partnerships Manager, Paraplegic Benefit Fund Australia since 1997
- Motivational speaker



74 years young

64 years a T1 paraplegic

50 years married

4 children

Handicapable

Good looking too!



"ATTITUDE TO SUCCESS"

ATTITUDES

By CHARLES R SWINDOLL.

Words can never adequately convey the incredible impact of our attitude (*whether positive or negative*) toward life.

The longer I live the more convinced I become that life is 10 percent what happens to us and 90 percent how we respond to it (*accept it or reject it*).

I believe the single most significant decision I can make on a day-to-day basis is my choice of attitude (*whether positive & happy or negative and depressed*).

It is more important than my past, my education, my bankroll, my success or failures, fame or pain, what other people think of me or say about me, my circumstances or my position.

Attitude (*when positive*) keeps me going or cripples my progress (*when negative*).

It alone fuels my fire (*motivates me to achieve*) or assaults my hope (*encourages me to give in and be defeated*).

When my attitudes are right, there's no barrier too high, no valley too deep, no dream too extreme, and no challenge too great for me (*I feel good about the world and myself*).

Comments in italics in bracket are Tony South's comments.